



## Boulder Colorado Traveler's Accommodations

### Travel Details:

University of Colorado, Boulder campus is located approximately 40 miles away from Denver International Airport. Public bus and light rail routes are available, as are rideshare options such as Lyft and Uber.

See the Denver International Airport transportation page here:  
[https://www.flydenver.com/parking\\_transit/transportation\\_den](https://www.flydenver.com/parking_transit/transportation_den)

See the University of Colorado Boulder transportation page here:  
<https://www.colorado.edu/conferenceservices/about/transportation-options>

On-campus parking permits are available for purchase for individuals traveling by car. Please contact the USNF Office for assistance with parking pass purchases.

### Altitude:

The altitude of Boulder is over 5,000 feet. To avoid altitude sickness, please consider the following recommendations:

- Stay hydrated
- If sightseeing, consider adding sightseeing after the event, not before
- Consider arriving a day early to allow your body to acclimate to the altitude

### University Housing

Residents may book their own accommodations at local hotels or through university housing. Please see below for recommended hotel.

Participants that choose university housing may select Single or Double occupancy accommodations. Meals are included as listed below. Fees are a flat rate whether for 1 day or 4. Check in to rooms is July 11 beginning at 3pm. Early check-in (July 10) and late check-out (July 17) are available. No meals will be included in early check-in or late check-out.

Register directly here: <https://na.eventscloud.com/naginatалodginganddining>

Parking fees are separate. Parking lots will be determined by the university.

Accommodations	Single	Double
Dorm and Meal Package 7/11-7/18	\$947.32	\$623.85
Early check-in (7/10 arrival)	+\$54.65	+\$42.82
Late check-out (7/19 departure)	+\$54.65	+\$42.82

**University Meals:**

- a) Breakfast is included July 12-18.
- b) Box lunches on July 13 (WNC Taikai Day) will be available for \$17.50
- c) Dinner is included on July 11-13, and 15-17
- d) Lunch OR Dinner on the 12, 14, and 15
- e) Sayonara party is in lieu of lunch on July 14 for a fee of \$50 per person.

Check out is by 10:00am on 7/18

Off-campus participants may purchase meals for \$16.00/meal at the dining hall entrance

**University Water Bottle Policy:**

The University of Colorado Boulder has a policy that bans single use beverage containers. Please bring your own water bottles. Fill up stations are located throughout the university, recreation center, and housing. Filling your beverage bottles at the cafeteria is also allowed for those that are dining within the hall.



**Naginata Championships Hilton Hotel Block**

Hilton on Canyon  
2701 Canyon Blvd, Boulder, CO 80302  
[\(303\) 443-2200](tel:3034432200)

USNF has reserved a block of hotel rooms for those that do not wish to stay in the dorms. If you are interested in staying in these rooms please use the link below to register at any time.

<https://www.hilton.com/en/attend-my-event/inf2024-naginatachampionship/>

Guests can also directly call Reservations at **(303) 443-2600 Embassy Suites / (303) 443-2200 Hilton Garden Inn**

As a reminder, the last day to take advantage of the discounted rate is [6/11/24](#).

**Health Advisory**

- a) It is HIGHLY advised that participants monitor their own health prior to arriving in Boulder Colorado and remain vigilant against Covid-19. An infection prior to arrival or after arrival could jeopardize participants' ability to attend the event and spread to others. Avoiding crowded indoor venues and wearing a high quality face mask during all travel to the event (in car, airport, and on airplanes) is strongly recommended.
- b) The altitude of Boulder Colorado is 5430 feet (1655 meters).
- c) It is Highly recommended that participants remain hydrated, replenish electrolytes constantly, and are conscious of the symptoms of altitude sickness
- d) Symptoms of altitude sickness can include, but are not limited to:
- headache
  - Loss of appetite
  - Feeling or being sick
  - Feeling tired or exhausted
  - Dizziness
  - Difficulty sleeping
- e) If you or any of your members have any symptoms of altitude sickness during your time in Boulder, consider seeking medical attention right away
- f) Masking during the event is welcome but not required

#### **Traveler's Insurance and Accident Insurance**

Insurance within the United States needs to be individually contracted. It is highly recommended that all participants take out traveler's insurance that includes accident insurance.

#### **For further event information contact:**

USNF Office:  
Shannon Lew; USNF Executive Secretary  
email: [usnfes@gmail.com](mailto:usnfes@gmail.com)

Local Contact:  
Diana Payne, RMNF  
email: [djpayne@comcast.net](mailto:djpayne@comcast.net)

USNF's WNC Website: <https://naginata.org/wnc>

USNF Social Media: <https://www.instagram.com/usnaginata/>

or

