

# Tendo Ryu Seminar

1. Organized by: International Naginata Federation
2. Supported by: US Naginata Federation
3. Date: Wednesday, July 10, 2024 9:00~17:00
4. Venue: University of Colorado at Boulder
5. Campus Location: Main Gym, West Court
6. Instructor: Yasuko Kimura
7. Qualifications: Seminar is open to INF members
8. Entry Fee: \$40 per person

## Payment:

\* Electronic Payments: Payments may be submitted electronically via Zelle or PayPal.

\* Zelle payments may be submitted to [treasurer.usnf@gmail.com](mailto:treasurer.usnf@gmail.com) Zelle is bank to bank, nearly instant, and no additional fees are associated \* PayPal payments may be submitted to [treasurer.usnf@gmail.com](mailto:treasurer.usnf@gmail.com), and must include additional payment to cover the PayPal transaction fee (3.49%+\$0.49)

Example: If total is \$100, add 3.49%+\$0.49. Total amount sent via paypal is: \$103.98

PayPal automatically deducts about 3.49%+\$0.49 per transaction, including this in the total amount ensures the entire amount is sent correctly.

\* Wire Payments:

United States Naginata Federation, Inc.

Bank Name: Bank of America

Routing Number (for wires): 026009593

Account Number: 000253940467

9. Application
  - a. The deadline for applications is April 22, 2024.
  - b. Application shall be sent to the following (both), using the prescribed form by April 22, 2024.

- c. INF: tamakako717@gmail.com
- d. USNF: [usnfes@gmail.com](mailto:usnfes@gmail.com)
- e. Google Form Individual Application:  
<https://forms.gle/2quFQykCKBmGiAfW6>

#### 10. Lunch

- a. Participants will need to purchase their own lunches. Box lunches will be available for the same price as WNC. Please specify on the application if you would like to order a box lunch.
- b. Medium Ice Overlook inside of the recreation center will be available for participants to eat their lunches on site.

#### 11. Health Advisory

- a. It is HIGHLY advised that participants monitor their own health prior to arriving in Boulder Colorado and remain vigilant against Covid-19. An infection prior to arrival or after arrival could jeopardize participants' ability to attend the event and spread to others. Avoiding crowded indoor venues and wearing a high quality face mask during all travel to the event (in car, airport, and on airplanes) is strongly recommended.
- b. The altitude of Boulder Colorado is 5430 feet (1655 meters). c. It is Highly recommended that participants remain hydrated, replenish electrolytes constantly, and are conscious of the symptoms of altitude sickness
- d. Symptoms of altitude sickness can include, but are not limited to:
  - i. Headache
  - ii. Loss of appetite
  - iii. Feeling or being sick
  - iv. Feeling tired or exhausted
  - v. Dizziness
  - vi. Difficulty sleeping
- e. If you or any of your members have any symptoms of altitude sickness during your time in Boulder, consider seeking medical attention right away f. Masking during the event is welcome but not required

#### 12. Traveler's Information

- a. University of Colorado Boulder campus is located approximately 40 miles away from Denver International Airport. Public bus and light rail routes are available, as are rideshare options such as Lyft and Uber.
- b. See the Denver International Airport transportation page here:

<https://www.flydenver.com/parking-and-transportation/to-and-from/>

- c. See the University of Colorado Boulder transportation page here:  
<https://www.colorado.edu/conferenceservices/about/transportation-options>
- d. On-campus parking permits are available for purchase for individuals traveling by car. Please contact the USNF Office at [usnfes@gmail.com](mailto:usnfes@gmail.com) for assistance with parking pass purchases.

### 13. University Housing Accommodations

- a. Participants may stay in on-campus dorm housing at the same rate as for the INF tournament and seminar. Check-in will be on July 9.

b.

Accommodations Single	Double
Dorm and Meal Package 7/11-7/18 \$947.32	\$623.85
Early check-in (7/10 arrival) +\$54.65	+\$42.82
Late check-out (7/19 departure) +\$54.65	+\$42.82

- c. University Meals: Pre-paid meal plan is not available. Participants may pay for meals at the cafeteria on-site or should plan their own meals. Meals are \$16.

### 14. Local Hotel Accommodations

- a. Hilton on Canyon  
2701 Canyon Blvd, Boulder, CO 80302

USNF has reserved a block of hotel rooms at a reduced price for those who do not wish to stay in the dorms. If you are interested in staying in these rooms, please use the link below to register at the discounted group rate. 1-4 people may stay in the same room.

<https://www.hilton.com/en/attend-my-event/inf2024-naginatachampionship/>

Guests can also directly call Reservations at **(303) 443-2600 for Embassy Suites** or **(303) 443-2200 for Hilton Garden Inn**

The last day to book to receive the discounted rate is June 11, 2024.

- b. Participants using the hotel registration link will pay the group discount rate up to two (2) days prior and two (2) days after the INF event

15. Traveler's Insurance and Accident Insurance

- a. Insurance within the United States needs to be individually contracted. It is highly recommended that all participants take out traveler's insurance that includes accident insurance.

16. Equipment

- a. Participants must provide their own equipment including but not limited to: Naginata, Tachi, Kaiken, Tanto, Kusarigama, Jo

For further events information, contact:

USNF Office:

Shannon Lew, USNF Executive Secretary

Email: [usnfes@gmail.com](mailto:usnfes@gmail.com)

Local Contact:

Diana Payne, Rocky Mountain Naginata Federation

Email: [djpayne@comcast.net](mailto:djpayne@comcast.net)

WNC Website: <https://naginata.org/wnc>

USNF Social Media: <https://www.instagram.com/usnaginata/>

WNC Social Media: <https://www.instagram.com/8thwnc2024/>